

Using Eulers identity :

$$\cos (2\pi[f_c + f_2]t) = 1/2 \{ e^{j2\pi(f_c + f_2)t} + e^{-j2\pi(f_c + f_2)t} \}$$

and the fact that the Fourier Transform of :
m(t) is the well known sinc x function :

$$m(t) = \text{rect} (t / T_b)$$

$$M(f) = \frac{\sin (\pi * f * T_b) * e^{-j\pi f T_b}}{(\pi * f)}$$

$$M(f) = \frac{T_b * \sin (\pi * f * T_b) * e^{-j\pi f T_b}}{(\pi * f * T_b)}$$

$$M(f) = T_b * \text{sinc} (\pi * f * T_b) * e^{-j\pi f T_b}$$

It also important to know the shifting property of the Fourier Transform to allow the Fourier Transform of y(t) to be calculated :

x(t) transforms to X(F), then

$e^{j2\pi f_c t} * x(t)$ transforms to $X(F - F_c)$

Fourier Transform, Y(F) :

$$Y(F) = a/2 \left\{ \frac{\sin (\pi (f - f_c - f_2) T_b) * e^{-j\pi (f - f_c - f_2) T_b}}{\pi (f - f_c - f_2)} + \frac{\sin (\pi (f + f_c + f_2) T_b) * e^{-j\pi (f + f_c + f_2) T_b}}{\pi (f + f_c + f_2)} - \right.$$

$$\frac{\sin(\pi(f - f_c + f_1)T_b) * e^{-j\pi(f - f_c + f_1)T_b}}{\pi(f - f_c + f_1)} - \frac{\sin(\pi(f + f_c - f_1)T_b) * e^{-j\pi(f + f_c - f_1)T_b}}{\pi(f + f_c - f_1)} +$$

$$\delta(f - f_c + f_1) + \delta(f + f_c - f_1)$$

}

Not sure about the minus signs and the last 2 delta terms.